



Are you the
dreaded designated
VACATION
grocery shopper?

HIRE A PERSONALIZED VACATION GROCERY SHOPPER!

- NO MORE CATCHING UP WITH FAMILY AND FRIENDS
- ARRIVE TO YOUR VACATION HOME WITH A FILLED REFRIGERATOR
- WE SHOP FOR GLUTEN FREE, ORGANICALLY GROWN, LOCALLY GROWN PRODUCE AT LOCAL HEALTH FOOD STORES, BUTCHER SHOPS, BAKERIES AND FARMS
- WE ARE A RELIABLE AND INSURED YEAR-ROUND BUSINESS.

Member Business Network International (BNI)
Member Cape Cod Chamber of Commerce



Service is available
through Cape Cod
Chef on Call



508-896-1400
e-mail: info@capecodchefoncall.com
web: www.capecodchefoncall.com

PLEASE REMEMBER TO ADVISE US OF ANY
SPECIAL NEEDS OR REQUESTS SUCH AS

- Organic
- Gluten Free
- Range Free
- Local Fresh
- Lactose Intolerant
- Allergies
- Specific Brands

Suggested Basic Items
(feel free to request anything)

BREADS

- Whole Wheat
- Whole Grains
- English Muffins
- Bakery Muffins
- Flatbread
- White Bread
- Hamburger Rolls
- Hot Dog Rolls

CONDIMENTS

- Mustard
- Mayonnaise
- Relish
- Ketchup
- Worcestershire Sauce
- Hot Sauce

DAIRY

- Cheese
- Eggs
- Milk
- Cream

DRINKS

- Fruit Juice
- Frozen Concentrate
- Coffee
- Bottled Water (limited to 12 bottles)
- Liquor Mixes
- Beer (no more than 2 6-packs)

PAPER PRODUCTS

- Toilet Paper
- Paper Towels
- Sandwich Bags
- Garbage Bags
- Diapers/Wipes

CHIPS, NUTS & SNACKS PET FOOD

PRODUCE

- Fresh Fruit
- Lettuce
- Fresh Vegetables

